

# Horizons Academy - Year 10 Careers Termly topic plan 2018-2019

\*Resources are available for each topic, if required, please request from the careers and transition team.

Year 10 *Teacher Delivery	Term 1 3 <sup>rd</sup> Sept- 19 <sup>th</sup> Oct 7 weeks	Term 2 5 <sup>th</sup> Nov – 19 <sup>th</sup> Dec 6 weeks 3 Days	Term 3 7 <sup>th</sup> Jan – 15 <sup>th</sup> Feb 6 weeks	Term 4 25 <sup>th</sup> Feb – 5 <sup>th</sup> April 8 weeks	Term 5 23 <sup>rd</sup> April – 24 <sup>th</sup> May 5 weeks	Term 6 5 <sup>th</sup> June – 19 <sup>th</sup> July 6 weeks 3 days
<p>Each topic needs to be completed during the term stated in the order that is stated only.</p> <p>1 x Lesson per week</p> <p>*Benchmark 1 – Stable careers programme</p>	<ul style="list-style-type: none"> <li>Personal Awareness (3 lessons)</li> <li>Factors effecting personal awareness (2lessons)</li> <li>Relationships and the difference between people. (2lessons)</li> </ul>	<ul style="list-style-type: none"> <li>World of Work: Job Opportunities (4 lessons)</li> <li>The world of work: work structures, practices and procedures. (2 lessons)</li> </ul>	<ul style="list-style-type: none"> <li>Work Experience Preparation. (2 lessons) *Benchmark 6</li> <li>Healthy lifestyles for work-life balance (2 lessons)</li> <li>Risk to a healthy work-life balance (2 lessons)</li> </ul>	<ul style="list-style-type: none"> <li>Employment Opportunities (4 lessons)</li> <li>Personal Safety and safeguarding ( 2 lessons)</li> <li>Economic and financial aspects of life (2 lessons)</li> </ul>	<ul style="list-style-type: none"> <li>Personal skills and interests (2 lessons)</li> <li>Explore Labour market info and relate to personal skills and interests. (2 lessons) *Benchmark 2</li> <li>Challenge Stereotypical careers (1 lesson) *Benchmark 3</li> </ul>	<ul style="list-style-type: none"> <li>Work experience (1 Lesson) *Benchmark 6</li> <li>Exploring post statutory opportunities (3 lessons)</li> <li>Insight to application process. (2 lessons)</li> </ul>
<b>Year 10 *Careers &amp; Transition Delivery</b>						
<b>Alternative activities / interventions that will take place during career lessons</b>		<ul style="list-style-type: none"> <li>CATO Yr 10 1:1 (action plan / work experience discussion) *Benchmark 3 &amp; 8</li> <li>Skills London Event * Benchmark 5</li> </ul>		<p>NATIONAL CAREERS WEEK 4<sup>TH</sup>- 9<sup>TH</sup> MARCH</p> <ul style="list-style-type: none"> <li>Employment opportunities supported and funded by CATO</li> </ul>	<ul style="list-style-type: none"> <li>CATO Support with Labour Market delivery *Benchmark 2</li> </ul>	<ul style="list-style-type: none"> <li>Yr 10 1:1 ( Review action plan, identify interests, confirm work experience) *Benchmark 3 &amp; 8</li> </ul>